

MONTEREY COUNTY INTERGROUP OF OVEREATERS ANONYMOUS

MEETING MINUTES

WEDNESDAY SEPTEMBER 14, 2022

Intergroup Officers

Cindy Chair

Jody Vice Chair

Irene Secretary

Christine Treasurer

In attendance: Cindy, Jody, Mary Grace, Christine, Jean, Tom, Irene, Ann

The meeting was recorded.

- I. Serenity Prayer was recited
- II. The ninth and tenth Concepts were read by Mary Grace.
- III. Approval of minutes from July 13, 2022. It was moved by Mary Grace and seconded by Ann that the minutes be approved as submitted. The motion passed with five ayes and one abstention due to missing the meeting.

IV. Old and Ongoing Business:

A. Treasurer's report: Christine reported that all funds are now with Comerica Bank. The bank statement states the previous balance was \$321.89. The current ending balance is \$453.89 plus \$200.00 prudent reserve. Upcoming expenses are four payments of \$30.00, total of \$120.00. Christine suggests that contributions from the meetings be considered at the November meeting.

B. Web Report: There were 152 web users in July and August, and 144 were new users. This reflects a decrease from 198 users, 192 new users over the previous two months. The bounce rate was 50.23%, lower than the report from May and June. 148 of the 152 users during the current period were from the U.S, with 95 from California. Most users appear to get their information from oa.org, not oamonterey.org. It was suggested that we discuss strategies around the subject at the November meeting, including some discussion on how we might use a member's story on our website to give a more personal and relatable experience to our web visitors.

C. Intergroup Representative reports:

Monday: no IR 4-6 people. Tuesday: Audra, stepping down. 4-6 people. Wednesday: Jean. Small meeting, 2-4 attendees, using FCC. Thursday: Jody. Hybrid meeting, 8-12 people. Saturday: No IR. Zoom.

D. Region 2 Representative Report:

Mary Grace: no meeting was scheduled during this period. Next meeting is in October.

V. New Business:

A. Discussion on the concept of joining with another Intergroup: In the distant past (1980s) our Intergroup was joined with Santa Cruz Intergroup. Is there an interest in our Intergroup contacting Santa Cruz Intergroup to bring up the subject of considering this approach again? Jody and possibly Cindy agreed to contact Santa Cruz and attend their next Intergroup meeting. Ann was also willing to provide service on the subject. Some members stated an unwillingness to travel to Santa Cruz for the meetings if the groups were to join again.

B. Mary Grace is holding a box of literature that was collected from the various meetings as we moved to Zoom during the pandemic. Opinions on what to do with them are welcomed. Action Item: It was moved by Mary Grace and seconded by Ann that decisions about and actions on the disbursement of the literature be completed. The motion passed.

C. It was suggested that the term Advertising Fund be changed to Carrying the Message Fund. This subject and a motion may appear in a later agenda.

November agenda items:

-digital placement of certain pamphlets on our website. Action Item: It was moved by Ann and seconded by Cindy that this subject be placed on the November agenda. The motion passed unanimously by the members in attendance when the motion was made. Christine offered to check out the logistics and possibilities of doing this.

-Changing the term Advertising Fund to Carrying the Message Fund.

-Strategies for using a member story on our website to provide a more personal experience to our web visitors

The next meeting will be held on Wednesday, November 9 at 5:00 pm.

Respectfully submitted, Irene Cole