

Monterey County Intergroup Meeting of Overeater's Anonymous

AGENDA

Wednesday, January 12, 2022

- I. The Serenity Prayer
- II. The First and Second Concepts
- III. Approval of Minutes from November 10, 2021
- IV. Old and Ongoing Business
 - A. Treasurer's Report (Cindy)
 1. Previous Balance: \$26
 2. Incoming 7th Tradition: $\$60 + \$102 + \$96 + \$30 + \$18 + \$67.56 = \$373.56$
 3. Items paid: $\$15 \text{ Web} + \$12 \text{ FCC} + \$94 \text{ PO} = \121
 4. Distributions made: \$0
 5. Prudent Reserve: \$200 and Advertising Fund: \$100
 6. Ending Balance as of 12/31/21: $\$278.56$ (+ \$46 paid to R2 on Aug 28th not cashed yet)
 7. Zoom renewal is 2/11/22 \$120 (we get 20% off from \$150). Continue for another year?
 8. Web Maintenance rate increase from \$15/month to \$30/month.
 - B. Website Report (Ann)
 1. Analytics
 2. Updates
 3. Should we add emails received at oamonterey.org to an events page on oamonterey.org?
 4. Approved Minutes to be added to oamonterey.org.
 - C. Intergroup Rep Reports: (please report on any positions that need to be filled, format changes, questions or concerns, change in contact person, decisions on going back to In-Person meetings, and continuing to pay rent)
Monday Noon: no IGR
Tuesday 5:30: no IGR
Wednesday Noon: Jean
Thursday 5:30: Caroline
Friday 5:30: no IGR
Saturday 9:00: no IGR
 - D. Region 2 Rep Report: Mary Grace.
 1. From last month:
Should we change our Bylaws to add an alternate R2 Rep?
Should we look into paying State and Local taxes on literature sales?

- E. The Post Office box is paid for only 6 months (until 6/30/22).
Look into moving to another bank that doesn't need a Post Office box.

V. New Business

A. Elections:

- 1. Board Members for 2021. A board member can hold the same position for only 2 years in a row.
Treasurer – Betsy has served 2 years, so this position is in need of a new member

- B. WSBC 2022 Agenda Questionnaire: Do we want to vote on any of these agenda items?
The deadline for Questionnaire responses is **February 24, 2022**.

C. Upcoming OA Events:

Go to the websites oamonterey.org, oar2.org and oa.org for more information.

Oar2.org seems to be the best way to find out about events around the world.

- D. Our Fifth Tradition states: **Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.** What can we do to carry the message to our fellowship and beyond?

- 1. Jody was going to look into Advertising.
- 2. Caroline was going to look into Craig's List.
- 3. Any ideas on having our own Virtual workshops like IDEA Day (International Day of Experiencing Abstinence), Unity Day (in February).
- 4. The Region 2 Outreach committee has heard complaints from healthcare professionals that OA is not a safe place to share or hear stories, has a low success rate, mandates a specific food plan, and discourages outside help. So they are creating a survey to send to health professionals. You can look at the draft of the survey here
<https://docs.google.com/forms/d/e/1FAIpQLScpl8Du9Fas8ZkwVFuESFECUBIBXz6kvWoFozcsz5cNJDHdWg/viewform>

They also would like to add some testimonials; a 15-second audio file of your story that includes your name, your food issue, where/how you found the solution and what it's like now. And email the audio file to kkorlacki@gmail.com

And if you have a therapist or nutritionist that would like more information about OA, please send their email address to kkorlacki@gmail.com.

- 5. Other ideas, suggestions, or concerns

*Next Meeting: Wednesday, March 9, 2022
5:00-6:00 p.m. PT*

